Glucan Source: Yeast	
Citation	Abstract
Ikeda Y, Sunakawa T, Okamoto K,	Five groups of 12 male and 12 female rats each were fed diets containing 0, 0.06, 0.25,
Hirayama A.	1.00 and 4.00% PSL for a period of one month. Food consumption of PSL-fed groups
	did not differ from that of control. Urinalysis and autopsy findings were within normal in
Toxicological studies on sophorolipid	every group of rats treated. With 4.00% in the diet, body weight gain was significantly
derivatives. (II). Subacute toxicity study	retarded and water consumption was increased, and soft stool occurred. In the
of polyoxypropylene (12)	hematological examination, decrease of red blood cells and increase of white blood
[2'-0-beta-D-glucopyranosyl-beta-D-	cells were observed at the levels of 1.00 and 4.00% PSL. Changes of white blood cell
glucopyranosyl) oxy-] fatty acid ester-	differentials were also seen at the same levels. Serum Na+ concentration was slightly
	decreased at the 0.25, 1.00, 4.00% levels and serum glucose was also decreased at
J Toxicol Sci. 1986 Aug;11(3):213-24.	the 1.00, 4.00% levels, but the values were within the normal limits. Significant
Japanese.	increase of relative liver weight, without histopathological changes, was observed at
	the 4.00% level. Histopathological examination revealed slight erosion, necrosis or
PMID: 3795299 [PubMed - indexed for	intestinitis in small intestine, at the levels of 0.25, 1.00, 4.00% PSL. It was considered

Williams DL, Sherwood ER, Browder IW, McNamee RB, Jones EL, Di Luzio NR.

MEDLINE]

# Pre-clinical safety evaluation of soluble glucan.

Int J Immunopharmacol. 1988;10(4):405-14.

PMID: 3262594 [PubMed - indexed for MEDLINE]

effects was observed in the levels greater than 0.25%. Soluble glucan, a beta-1,3-linked glucopyranose biological response modifier, is effective in the therapy of experimental neoplasia, infectious diseases and immune suppression. Currently, soluble glucan is undergoing phase I clinical trials. The present study describes the pre-clinical safety evaluation of soluble glucan in mice, rats, guinea pigs and rabbits. ICR/HSD mice and Harlan Sprague-Dawley rats received a single i.v. injection of soluble glucan in doses ranging from 40 to 1000 mg/kg. Soluble glucan administration did not induce mortality, appearance or behavioral changes in mice or

that these findings were attributed to the irritation potential of PSL or its metabolite. These results indicated that the non-effect level was 0.06% (53 mg/kg/day) and the level causing no toxicological effect was 0.25% (208 mg/kg/day), but no deleterious

Glucan Source: Fungus	
Citation	Abatraat
Citation	Abstract
Takahashi H, Ohno N, Adachi Y, Yadomae T.	(1>3)-beta-D-Glucan (beta-glucan) is a biological response modifier that regulates host immune response. We have found that the combination of a beta-glucan and a non-steroidal anti-inflammatory drug (NSAID), indomethacin (IND), induced lethal
Association of immunological disorders in lethal side effect of NSAIDs on beta-glucan-administered mice.  FEMS Immunol Med Microbiol. 2001	toxicity in mice [Yoshioka et al. (1998) FEMS Immunol. Med. Microbiol., 21, 171-179]. This study was undertaken to analyze the mechanism of the lethal side effect. Combination of a beta-glucan and IND increased the number of leukocytes, especially macrophages and neutrophils, in various organs and these cells were activated. The activated state of these cells was supported by the enhanced production of interferongamma in the presence of IND in vitro culture of the peritoneal exudate cells. Intestinal
Jul;31(1):1-14.  PMID: 11476975 [PubMed - indexed for MEDLINE]	bacterial flora was translocated into the peritoneal cavity in these mice to cause peritonitis. Comparing the toxicity of various NSAIDs, nabumetone, a partially cyclooxygenase-2-selective NSAID with weaker toxicity to the gastrointestinal tract, did not exhibit a lethal side effect. These facts strongly suggested that gastrointestinal damage by NSAIDs was more severe in beta-glucan-administered mice, resulting in peritonitis by enteric bacteria and leading to death.
Yoshioka S, Ohno N, Miura T, Adachi Y, Yadomae T.	(1> 3)-Beta-D-Glucan (beta-glucan) is a biological response modifier that regulates host immune response. However, the side effects of this drug have not been extensively examined. In this study, we found that the combination of a beta-glucan
Immunotoxicity of soluble beta-glucans induced by indomethacin treatment.	and a nonsteroidal anti-inflammatory drug, indomethacin, induced lethal toxicity in mice. Lethal toxicity of orally administered indomethacin (multiple administration to ICR mice; once a day for 2 weeks) was 0/8 (2.5 mg kg(-1)) and 5/8 (5 mg kg(-1))
FEMS Immunol Med Microbiol. 1998 Jul;21(3):171-9.	(death/total) over 2 weeks. The toxicity was enhanced to 3/8 and 8/8 in mice treated with a clinical beta-glucan preparation, sonifilan (250 microg/mouse, single i.p. administration on day 0). A similar effect was observed for other beta-glucans,
PMID: 9718206 [PubMed - indexed for MEDLINE]	including SSG, grifolan, zymosan A and zymocel. Enhanced lethal toxicity resulted from a single p.o. administration of indomethacin on day 5 to day 9 after multiple beta-glucans administration. Interferon-gamma, interleukin-6 and colony stimulating factor concentrations in sera of indomethacin/beta-glucan-treated mice were significantly elevated. These results strongly suggest that indomethacin/beta-glucan treatment induces lethality in mice by maladjusting the cytokine network.
Iwamoto N, Yoshioka T, Nitta K, Ito K.  Glomerular endothelial injury associated with free radical production	Clinical evidence suggests that microangiopathy may be induced by fungal infection. The present study evaluated the toxic effect of (1>3) beta-D glucan, a major component of fungal cell wall, on cultured transformed glomerular endothelial cells (TF-GEN). When TF-GEN were exposed to increasing concentrations of (1>3) beta-D
induced by a fungal cell wall component, (1>3) beta-D glucan.	glucan (beta-DG; 115 to 430 pg/ml) for 1 to 3 hours, concentration- and time- dependent increases in hydroxyl radical production were demonstrated by electron paramagnetic resonance spectrometry using 5, 5-dimethyl-1-pyrrolyne-N-oxide as a
Life Sci. 1998;62(3):247-55.	spin trap agent. The amount of radicals induced by 230 or 430 pg/ml beta-DG was comparable to that induced by E. coli LPS (1 or 10 microg/ml). The beta-DG-induced
PMID: 9488103 [PubMed - indexed for MEDLINE]	free radical production was associated with a subsequent increase in LDH release from TF-GEN. When TF-GEN pretreated with U78517F (0.1 or 1.0 microM), a lipophilic antioxidant, were stimulated with LPS (1 or 10 microg/ml) or beta-DG (230 pg/ml) for 3 hours, free radical production by TF-GEN was significantly reduced in cells pretreated with the higher concentration of U78517F. Thus, fungal (1>3) beta-D glucan induces glomerular endothelial injury by stimulating cellular free radical production. Such a mechanism may underlie microangiopathy in systemic fungal infections

Glucan Source: Fungus	
Citation	Abstract
Kata H, Inoue M, Mukai S, Kawahito Y, Yoshida T, Asai K, Kimura S, Hashiramoto A, Yamamura Y, Sano H, Sugino S, Kondo M.  Morphological study of cytotoxicity produced by PSK-induced polymorphonuclear leukocytes (PMNs) and Nocardia rubra cell wall skeleton.  Biotherapy. 1996;9(4):229-39.  PMID: 9012542 [PubMed - indexed for MEDLINE]  Sakurai T, Ohno N, Yadomae T.  Changes in immune mediators in mouse lung produced by administration of soluble (1>3)-beta-D-glucan.  Biol Pharm Bull. 1994 May;17(5):617-22.  PMID: 7920419 [PubMed - indexed for MEDLINE]  Chesterman H, Heywood R, Allen TR, Street AE, Edmondson NA, Prentice DE.  The intravenous toxicity of lentinan to the beagle dog.  Toxicol Lett. 1981 Sep;9(1):87-90.  PMID: 7302979 [PubMed - indexed for MEDLINE]	The morphologic changes in PMNs induced by an i.p. injection of PSK, a

Glucan Source: Fungus	
Citation	Abatraat
Citation	Abstract
Sortwell RJ, Dawe S, Allen DG, Street AE, Heywood R, Edmondson NA, Gopinath C.	The prolonged effects of overdosage with lentinan in the rhesus monkey are associated with foam cell reactions in lung, liver, kidney, spleen, lymph nodes and bone marrow and with varying degrees of vasculitis and associated reactions. A dose
Chronic intravenous administration of lentinan to the rhesus monkey.	level of 0.5 mg/kg/day was without adverse effect.
Toxicol Lett. 1981 Sep;9(1):81-5.	
PMID: 7302978 [PubMed - indexed for MEDLINE]	
Shimazu H, Takeda K, Onodera C, Makita I, Hashi T, Yamazoe T, Kokuba Y, Tanigawa H, Ohkuma S, Shinpo K, Takeuchi M.	Chronic toxicity of lentinan was studied in male and female JCL: SD rats. Lentinan was given intravenously into tail vein. Dosage levels employed were 0 (5% mannitol), 0.01, 0.1, 1 (with or without dextran), and 10 mg/kg/day for 6 months in a volume of 1 ml/100 g body weight. After 6 months, the treatment was discontinued and a recovery study was performed for 3 months. Rats receiving 10 mg/kg had redness and necrosis of the
Intravenous chronic toxicity of lentinan in rats: 6-month treatment and 3-month recovery (author's transl)	
J Toxicol Sci. 1980 Dec;5 Suppl:33-57. Japanese.	eosinophil count and platelet count, and an increase in serum beta-globulin level in drug-treated rats. At autopsy after 6 months, rats from the drug-treated groups had pulmonary hemorrhage and enlargements of the spleen and mesenteric lymph nodes.
PMID: 7265323 [PubMed - indexed for MEDLINE]	Histologic changes attributable to treatment included (1) activation of reticulo- endothelial system such as small epithelioid cell nodule in the liver, spleen, and mesenteric lymph nodes, and mobilization of Kupffer cells; (2) arteritis in various
	organs, especially notable in the spleen, testis, and epididymis; (3) hemorrhage in the lung; and (4) hypospermatogenesis. All these changes described above had a propensity to recover. The maximum no effect level was estimated to be less than 0.01
	mg/kg in the present study in male and female rats.
Mandryk J, Alwis KU, Hocking AD.	BACKGROUND: Four sawmills, a wood chipping mill, and five joineries in New South Wales, Australia, were studied for the effects of personal exposure to wood dust,
Work-related symptoms and dose- response relationships for personal	endotoxins. (1>3)-beta-D-glucans, Gram-negative bacteria, and fungi on lung function among woodworkers. METHODS: Personal inhalable and respirable dust sampling
exposures and pulmonary function among woodworkers.	was carried out. The lung function tests of workers were conducted before and after a workshift. RESULTS: The mean percentage cross-shift decrease in lung function was markedly high for woodworkers compared with the controls. Dose-response
Am J Ind Med. 1999 May;35(5):481-90.	relationships among personal exposures and percentage cross-shift decrease in lung function and percentage predicted lung function were more pronounced among joinery
PMID: 10212701 [PubMed - indexed for MEDLINE]	workers compared with sawmill and chip mill workers. Woodworkers had markedly high prevalence of regular cough, phlegm, and chronic bronchitis compared with controls. Significant associations were found between percentage cross-shift decrease in FVC and regular phlegm and blocked nose among sawmill and chip mill workers. Both joinery workers and sawmill and chip mill workers showed significant relationships between percentage predicted lung function (FVC, FEV1, FEV1/FVC, FEF25-75%) and respiratory symptoms. CONCLUSIONS: Wood dust and biohazards associated with wood dust are potential health hazards and should be controlled.

Glucan Source: Fungus	
Citation	Abstract
Sjostrand M, Rylander R.  Pulmonary cell infiltration after chronic exposure to (1>3)-beta-D-glucan and cigarette smoke.	OBJECTIVE AND DESIGN: To evaluate the effect of a microbial cell wall component (1>3)-beta-D-glucanon the inflammatory effect induced by cigarette smoke in a subchronic exposure situation. MATERIAL: Groups of guinea-pigs were exposed 5 days/week to cigarette smoke, an aerosol of (1>3)-beta-D-glucan, or to both. METHODS: The numbers of different inflammatory cells were studied in histological sections, enzyme digested lung tissue and in lung lavage. Cell enzyme production was
Inflamm Res. 1997 Mar;46(3):93-7.  PMID: 9098721 [PubMed - indexed for MEDLINE]	measured. RESULTS: Exposure to (1>3)-beta-D-glucan or cigarette smoke caused only minor alterations in inflammatory cells. Given together they caused an increase in cellularity in the tissue with significantly increased numbers of macrophages, lymphocytes, neutrophils and eosinophils. There was also an increase in subepithelial eosinophils. Lung lavage cell enzyme production was slightly lower in the combined exposure group. CONCLUSION: The results demonstrate that (1>3)-beta-D-glucan synergistically increases the inflammation induced by cigarette smoke. The mechanism may be a downregulation of the macrophage control of inflammatory cell migration into the lung tissue.
Fogelmark B, Sjostrand M, Rylander R.  Pulmonary inflammation induced by repeated inhalations of beta(1,3)-D-glucan and endotoxin.	In an animal model of hypersensitivity pneumonitis (HP) guinea-pigs were exposed for 5 weeks to an aerosol of bacterial endotoxin, beta(1,3)-D-glucan (curdlan) or a combination. Exposure to endotoxin or curdlan showed only small changes in inflammatory cells in airways or the lung wall, histologically or in terms of enzyme secretion from alveolar macrophages. When the two agents were given together, a histology resembling HP was seen with alveolar infiltrates and early granulomas.
Int J Exp Pathol. 1994 Apr;75(2):85-90.  PMID: 8199009 [PubMed - indexed for MEDLINE]	Inflammatory cells in airways were increased and enzyme production of macrophages was changed, suggesting an effect of curdlan on the inflammatory regulating capacity of airway macrophages. The results suggest that interference with macrophage function and inflammation are important components in the development of HP.
Fogelmark B, Goto H, Yuasa K, Marchat B, Rylander R.  Acute pulmonary toxicity of inhaled beta-1,3-glucan and endotoxin.	The number of inflammatory cells was studied in lung walls and airways after inhalation of endotoxin or beta-1,3-glucan. In the water unsoluble form, beta-1,3-glucan caused a delayed response in terms of a decrease in macrophages and lymphocytes in the lung wall, 1 to 7 days after exposure but no invasion of neutrophils into the airways. When solubilized in 0.02 N NaOH, the cell response was the same as that observed after
Agents Actions. 1992 Jan;35(1-2):50-6.  PMID: 1509978 [PubMed - indexed for MEDLINE]	exposure to endotoxin.
Donham KJ, Zejda JE.  Lung dysfunction in animal confinement workerschairman's report to the Scientific Committee of the Third International Symposium: issues in health, safety and agriculture, held in Saskatoon, Saskatchewan, Canada, May 10-15, 1992.  Pol J Occup Med Environ Health. 1992;5(3):277-9.  PMID: 1362681 [PubMed - indexed for MEDLINE]	The session traced the course of health hazards in livestock confinement from anticipation of an emerging health hazard in 1974 to its full recognition as a significant health hazard in 1992. The session documented the major health hazards including hydrogen sulfide toxicity, bronchitis, non-allergic asthma, organic dust toxic syndrome, and mucus membrane irritation. In regard to exposures, bioaerosols seem to be the most significant hazard, with endotoxin evident as at least one of the major specific atiologic agents. Other agents were suspected, as newly recognized agents, specifically 1,3 beta-glucan. Previous epidemiological studies have revealed mild decrements in pulmonary function, however symptoms have always been excessively prevalent relative to controls. Recent results of a longitudinal observation showed a 12% drop out of workers with profound decrement in pulmonary function. In summary, the health hazard of livestock confinement workers is now well substantiated in North America and Europe and further work regarding prevention is highly indicated.

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Glucan Source: Fungus	
Citation	Abstract
Ottation	Abstract
Rylander R, Lin RH.	(1>3)-beta-D-glucan is a polyglucose structure in the cell wall of moulds, some bacteria and plants. Due to its unique (1>3)-beta linkage it binds to specific receptors
(1>3)-beta-D-glucan - relationship to	on phagocytosing cells and induces changes in their metabolism. Under realistic
indoor air-related symptoms, allergy	environmental concentrations, available data suggest that these changes express
and asthma.	themselves as alterations of the defense mechanisms to other agents. Inhalation of (1>3)-beta-D-glucan in humans causes symptoms from the upper respiratory tract and
Toxicology. 2000 Nov 2;152(1-3):47-52.	induction of cytokines in blood monocytes. (1>3)-beta-D-glucan can be used as a
Review.	marker of mould biomass in field studies. Relationships between the amount of (1>3)-beta-D-glucan and the extent of symptoms as well as lung function changes and
PMID: 11090939 [PubMed - indexed for	inflammatory markers have been described. In view of the mechanisms involved in the
MEDLINE]	normal development of the immune system, children seem to be a particular group at
_	risk due to (1>3)-beta-D-glucan exposure.
Gordon M, Bihari B, Goosby E, Gorter R,	Lentinan is a beta 1>3 glucan isolated from Lentinus edodes (Shiitake mushroom)
Greco M, Guralnik M, Mimura T, Rudinicki V, Wong R, Kaneko Y.	which has immune modulating properties. We have conducted two phase I/II placebo- controlled trials on a total of 98 patients. In one study at the San Francisco General
v, wong R, Kaneko 1.	Hospital (SFGH), ten patients each were administered 2, 5, or 10 mg of lentinan or
A placebo-controlled trial of the	placebo i.v. once a week for eight weeks. In the second study at the Community
immune modulator, lentinan, in HIV-	Research Initiative in New York (CRI), two groups of 20 patients each were
positive patients: a phase I/II trial.	administered 1 or 5 mg of lentinan i.v. twice a week for 12 weeks, and ten patients
J Med. 1998;29(5-6):305-30.	were administered placebo (vehicle containing mannitolplus dextran 40) i.v. twice a week. Entry criteria were an HIV positive test, CD4 levels of 200-500 cells, age 18-60
3 Med. 1990,29(3-0).303-30.	years, and without current opportunistic infections. This study confirms, in Caucasian
PMID: 10503166 [PubMed - indexed for	subjects also, the good tolerability of lentinan observed in Japanese cancer patients.
MEDLINE]	Side effects were mainly mild, especially when infusion was carried out over a 30-
	minute period. In the SFGH study, where administration was over a ten minute period,
	there were nine side effects severe enough to be reported to the FDA (one case each of anaphylactoid reaction, back pain, leg pain, depression, rigor, fever, chills,
	granulocytopenia and elevated liver enzymes) and there were four patients who
	discontinued therapy because of side effects. In the CRI study, where infusion was
	over a 30-minute period, there were no side effects reportable to the FDA and there
	were four dropouts due to side effects or personal preference. Most side effects
	resolved promptly after the discontinuation of medication, and all of them were relieved within 24 hours. Patients in the study have shown a trend toward increases in CD4
	cells and in some patients neutrophil activity. Because of the small numbers, these
	values do not have statistical significance. Inasmuch as no side effects such as
	anemia, leukopenia, pancreatitis or neuropathy were seen, and in view of the positive
	effects of lentinan on certain surrogate markers (recognizing that these were small
	studies), we recommended a long-term clinical trial of lentinan in combination with didanosine (ddl) or zidovudine in HIV positive patients. Most patients in these trials did
	not have measurable p24 levels. In the CRI trials of ten patients with elevated p24
	levels, eight on lentinan and two on placebo had decreased p24 levels. Of these
	decreases, those with lentinan and one with placebo were marked. These results were
	provocative and needed confirmation. Subsequent to this study, a trial of lentinan in
	combination with didanosine (ddl) showed a mean increase of 142 CD4 cells/mm3 over a twelve month period, in contrast to a decrease in CD4 cells in patients on ddl alone
	(Gordon et al. 1995).
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Glucan Source: Bacteria	
Citation	Abstract
Spicer EJ, Goldenthal EI, Ikeda T.	Curdlan was approved for use by the FDA in December 1996 as a formulation aid,
	processing aid, stabilizer and thickener or texturizer for use in food. It has been
A toxicological assessment of curdlan.	evaluated for safety by a series of animal studies and in vitro tests including acute,
	subchronic and chronic toxicity studies and reproduction and carcinogenicity studies. In
Food Chem Toxicol. 1999 Apr;37(4):455-	addition, nutritional studies in rodents and tolerance and metabolic studies in man have
79.	been carried out. The only effects seen in these studies were reductions in weight gain
	at the higher dietary concentrations due to the replacement of part of the diet by
PMID: 10418959 [PubMed - indexed for	curdlan, which is calorifically inert. No evidence of any toxicity or carcinogenicity nor of
MEDLINE]	any effects on reproduction was seen, although there was an effect on body weights of
	the pups with the 15% diet, which was shown in additional studies to be due to the
	reduced food availability in the animals at this dose level. There was no evidence of
	effects on the nutritional status of the animals nor on the absorption of minerals. This
	reviews the available toxicological data on curdlan.